



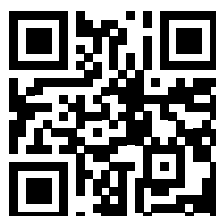
# POSEIDON CHALLENGE CORE STRENGTH & 1 MILE SWIM

Sunday 22nd March 10:30am to 12noon

Evans Swim School, City of Freeman's School, Ashtead

I am participating in the Poseidon Challenge to raise money for KSS Air Ambulance. I need to raise a minimum of £5 sponsorship, would you like to sponsor me?

Name of sponsor	Pledge	Received



The team at KSS Air Ambulance are all lifesavers. Dispatchers, Doctors, Paramedics, Pilots, Non-clinical Teams, Trustees, and Volunteers – united in their purpose to save lives and ensure the best possible patient outcomes. KSS Air Ambulance relies on public funding to provide life saving services to the general public.



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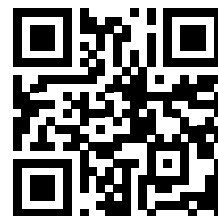
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## ENTRY FORM

Name	
I pledge to raise £5	
Photography permission	YES / NO

### T&C'S

One entry form per swimmer. Entry Deadline Friday 20th March ,  
Entries can be emailed to [jevansswimschool@hotmail.com](mailto:jevansswimschool@hotmail.com)



Our Chosen Charity is Air Ambulance KSS  
<https://aakss.org.uk>

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