



# Spring Sprints

Friday 15th March 2024

Registration: 5pm Finish: 7:30pm

**CLOSING DATE FOR ENTRIES FRIDAY 8th MARCH**

Please note, swimmers must complete an entry form to take part in this event.

Evans Swim School, St John's School.

Minimum ability: 100 metre swimmers.

All pre-club, swim team invited and 100m distance badge holders invited.

Age on the day will decide your race age bands: 7-8 9-10 11-12 13-14 15-16 17+

## EVENTS

### SWIM SCHOOL

25m Backstroke  
25m Breaststroke  
25m Dolphin (Kicks only)  
25m Freestyle

### PRE CLUB

25m Backstroke  
25m Breaststroke  
25m Fly  
25 Freestyle

### SWIM TEAM

50m Backstroke  
50m Breaststroke  
50m Fly  
50m Freestyle

## ENTRY FORM

Name	
Class name or swim group	
Age on the day	
Entry Free Paid £12.00	YES / NO (NB:Friday evening swimmers Entry Fee: £6:00)
Photography permission	YES / NO

### T&C'S

One entry form per swimmer. **Entry Deadline 8th March 2024**  
1st/2nd/3rd places declared from heats. Awards presented after half term.

Entries can be emailed to [jevansswimschool@hotmail.com](mailto:jevansswimschool@hotmail.com)